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## 2019 Canadian National Championships

### **Gold Medalists:**

Jaidyn Bartlett – Inner Strength Taekwondo  
Emma Bennett - Inner Strength Taekwondo  
Katie Cox - Inner Strength Taekwondo  
Django Meier - Woo Yong's Taekwondo  
Stephen Russell – White's Taekwondo  
Brody Oakes – Whites Taekwondo  
Roanan Sinclair - Inner Strength Taekwondo  
Brett Skinner - Inner Strength Taekwondo

### **Silver Medalists:**

Cole Allen - Xavier Taekwondo Club  
Nicholas Skinner - Inner Strength Taekwondo

### **Bronze Medalists:**

Carrington Carroll – Scotia World Taekwondo  
Kennedy Cyr – Whites Taekwondo  
Adele Fraser - Woo Yong's Taekwondo  
Chanidu Gamage - Woo Yong's Taekwondo  
Leah Grant - Xavier Taekwondo Club  
Eric Smith - Woo Yong's Taekwondo

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