

Cleve's Source for Sports Athletes of the Month for February announced

(Halifax, February 13, 2019)- Carrington Carroll is the Female Individual Athlete of the Month for February. The 15-year-old from Purcell's Cove recently competed at the Canadian taekwondo national championships in Quebec where she won her eighth national championship title in the female under 49 kg junior weight division. Carroll's performance earned her a spot on the Canadian junior national team and qualified her for the 2019 Pan American Taekwondo Championship in Peru.

Django Valentino Meier is the Male Individual Athlete of the Month for February. The 16-year-old from Kingston, NS won gold in the under 59 kg weight class at the Canadian taekwondo national championships in Quebec. Meier is now a member of the Canadian junior national team and will go on to represent Canada at the 2019 Pan American Taekwondo Championship in Peru later this year.

The Athlete of the Month program is administered by Sport Nova Scotia, whose members are eligible to nominate athletes for the awards. A membership committee selects the award recipients for five possible categories: Male Individual Athlete, Female Individual Athlete, Male Team Athlete, Female Team Athlete, and Team. For more information about the awards, please visit sportnovascotia.ca.

Sport Nova Scotia is a voice for amateur sport that promotes the benefits of health, personal development and achievement of all participants. Sport Nova Scotia is a non-profit, non-government organization representing approximately 60 provincial sport organizations and more than 160,000-member Nova Scotians.

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For more information or to request athlete photos, please contact:

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