

## **Media Release**

### **For Immediate Release**

**April 30, 2018**

### **Maritime Taekwondo Union (MTU) Recognizes Top Taekwondo Results of the Year**

With the 2017/18 Taekwondo tournament and competitive season rapidly coming to a close, the Maritime Taekwondo Union (MTU) is pleased to recognize its picks for Top Male and Female Athletes, Top Provincial Coach and Official of the Year. “The competitiveness of Nova Scotia Taekwondo athletes at the National and International Level has steadily increased over the past number of years” said MTU President Master Doug Large. “With so many successful athletes the selection process gets tougher every year.” He added.

#### **Top Female Athlete**

Carrington Carroll of HP Atlantic Club, Halifax

CC had an outstanding year with 3Gold and 1 Silver on the National stage topped off with Gold at the Pan Am Championships and the Costa Rica Open.

#### **Top Male Athlete**

Django Meier of Woo Yong’s Taekwondo Academy, Halifax

Competing in back to back competitions, Django won Canadian Nationals in May 2017 followed quickly by competition at the Taekwondo Pan Am Games in August of that year. Recently he won the 2018 Canadian National Championship.

#### **Top Coach**

Kathy Pyke, HP Atlantic Club, Halifax

Katy has been a prominent coach on the National stage for many years, but the past season has been an outstanding year for her. Athletes training under Katy have competed, and in many cases medalled, in dozens of national and international events. She was chosen by Taekwondo Canada for the 2017 FISU Summer Universiade and Pan Am Jr and Cadet coaching staff.

#### **Top Official**

Charles Bennett, Inner Strength Taekwondo, Porter’s Lake

Charles has been a strong leader in the development of Officials and raising the bar for Referee training and certification. His dedication to advancing his own skills at the National level and his work to design and test a comprehensive Referee Training Program will make a noticeable impact at event and tournament across the province.

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